



MCSP, BSc Hons Physiol

Taunton

Bridgwater

Burnham

# What to wear for your Physiotherapy Appointment



- Wear something comfortable
- Tie long hair up
- If you have neck, upper back, shoulder, elbow, or hand problems, bring a singlet / tank top (for ladies)
- If you have lower back pain, bring a pair of shorts and a tank top (for ladies)
- If you have hip, knee, ankle, or foot problems, bring a pair of shorts

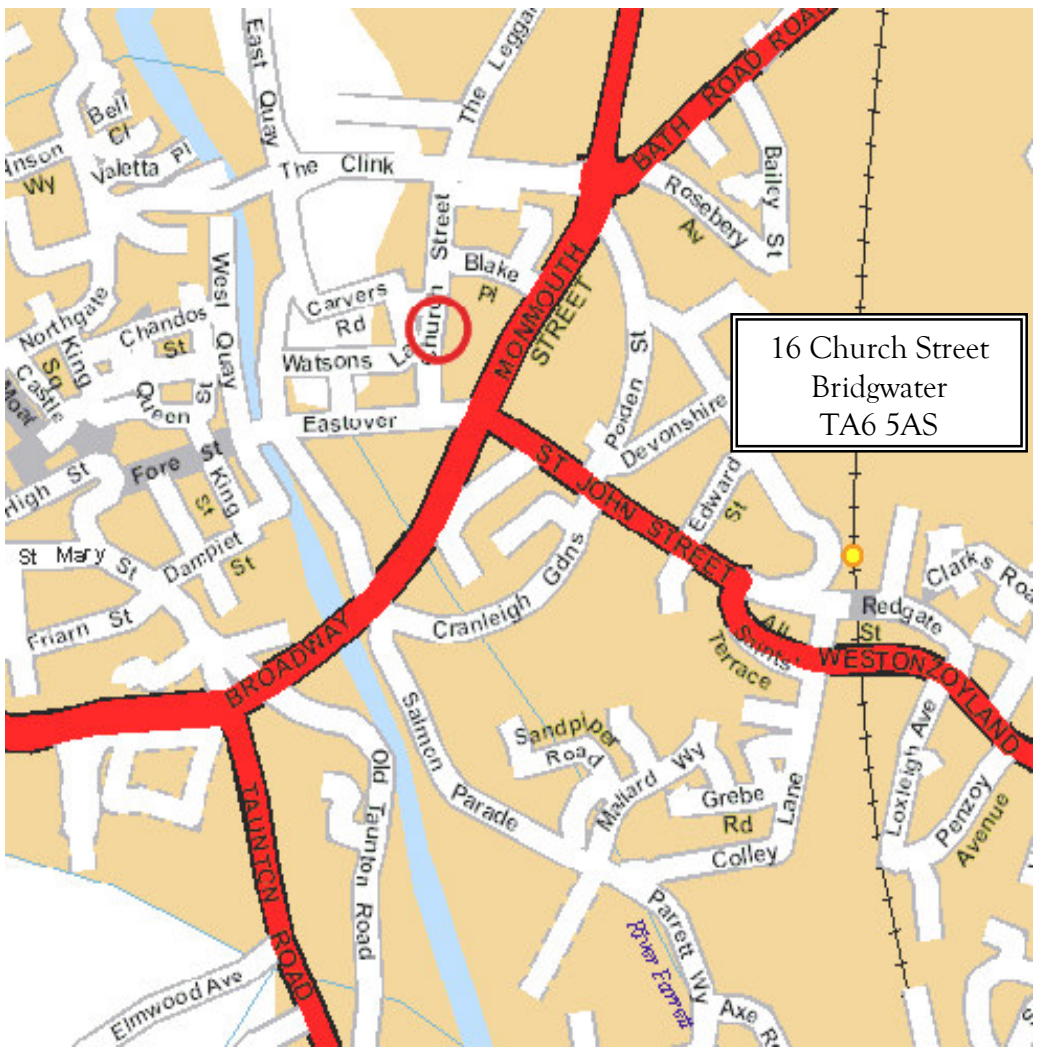


**For your own personal comfort please do NOT wear;**

- ✘ See through or flimsy undergarments

## PLEASE NOTE

**A Chaperone service  
Is available to all patients**



16 Church Street  
Bridgwater  
TA6 5AS

### Clinic Contacts

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Cancellations MUST be made within 24 hours of appointment.  
Charges may apply if less than 24 hrs notice is given.