



(MCSP, BSc Hons Physiol)

Taunton

Bridgwater

Burnham

# What to wear for your Physiotherapy Appointment

- Wear something comfortable
- Tie long hair up
- If you have neck, upper back, shoulder, elbow, or hand problems, bring a singlet / tank top (for ladies)



- If you have lower back pain, bring a pair of shorts and a tank top (for ladies)
- If you have hip, knee, ankle, or foot problems, bring a pair of shorts

**For your own personal comfort please  
Do NOT wear;**

- ✘ See through or flimsy undergarments

## Clinic Contacts

Mobile : 07748 504456

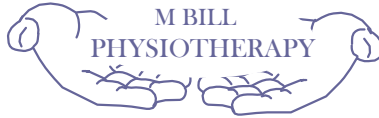
Phone : 0845 6025774

Email: [info@mbillphysio.com](mailto:info@mbillphysio.com)

Web: [www.mbillphysio.com](http://www.mbillphysio.com)

**Cancellations MUST be made within 24 hours of appointment.**

**Charges may apply if less than 24 hrs notice is given.**



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Princess Royal Sports Complex  
Wellington School  
South Street  
Wellington  
Somerset  
TA21 8NT

Parking

There are spaces for visitor parking. On arrival go to reception where they will guide you to the medical room.

